

SOUTH DENVER CARDIOLOGY ASSOCIATES, P.C.

1000 SOUTHPARK DRIVE, LITTLETON, CO 80120

FOR SCHEDULING AT ANY OF OFFICES PLEASE CALL 303-744-1065, OPTION #2

We ask your cooperation in the following areas to make the test safe and of the highest diagnostic quality possible.

1. Arrive 15 minutes before your test is to be given.
2. Take all of your medications at your prescribed times unless told to do otherwise.
3. Do not eat for 3 hours prior to the test. If you have diabetes, please ask for specific instructions.
4. No beverages containing caffeine or decaffeinated beverages 12 hours prior to the test.
5. Water and juice are acceptable.
6. No smoking **4 hours** or more prior to the test.
7. Wear sneakers or comfortable shoes. (Not applicable for Persantine nuclear testing)
8. Do not use creams, lotions or oils on your chest for at least 24 hours prior to the test.
9. Women—Jogging bras may be worn during nuclear and regular treadmill testing, but NO underwire bras will be allowed. Stress echo testing will require that you wear no bra of any type.

Nuclear Studies Only—Premenopausal women must do an in home pregnancy test 24 hours prior to having a nuclear test. You will be required to sign a release at the time of the Nuclear test indicating you have done the pregnancy test and the results are negative.

Patients currently using Viagra, Levitra or Cialis: If you are currently taking Viagra, Levitra or Cialis you must discontinue use for 48 hours prior to your treadmill appointments.

Secure Horizons Patients: You may have a co-pay for Nuclear Treadmills of up to \$250.00. Please check the back of your insurance card for the exact dollar amount.

Nuclear Treadmill Appointments: A cancellation notice of 24 hours is required. If we do not receive 24 hours notice, you (not your insurance) will be charged \$100. to cover the cost of the nuclear dose.